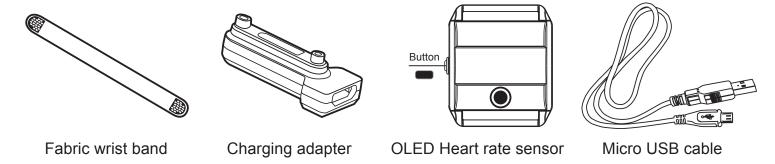
# OLED Wrist band of heart rate sensor

## Package Contain



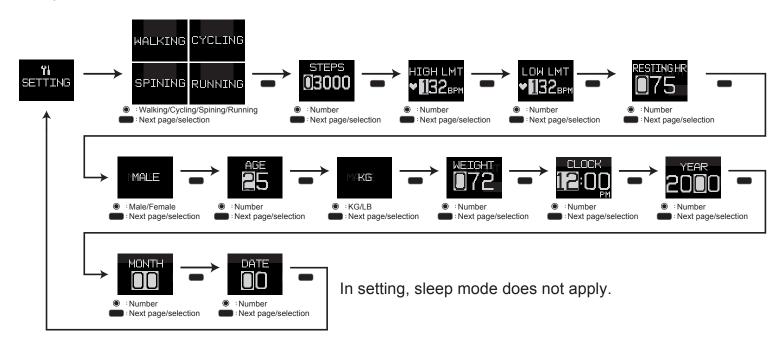
## Operation

**1.**Wear the heart rate sensor on the wrist. Sensor should be on top of the wrist. It should be tighten and not to move.

- **2.**The device will automatically measure users' heart rate, please allow 10-20 seconds for the sensor to calibrate after wearing the device.
- **3.**If it is your first time to use this device or you want to set the device, please follow the instruction below to set the device.
- **4.**Without any action for 30 seconds, the display will automatically go into sleep mode.

## Setting

- **1.**Hold the button for 6 seconds to go into setting mode.
- **2.**Press button **shortly** to go to next page or selection.
- **3.**Hold button for 3 seconds to exit the setting page.
- **4.**Tap **●** to select the numbers.



\*Resting HR: Resting heart rate is used for caculate users calories consumption, please stop you activity and rest for few minutes to measure your heart rate.

## Recording

In heart rate mode, short press to start recording, short press to stop recording.

### Connection

- **1.** This heart rate sensor is equipped with BLE (4.0) & ANT+ protocols, which enables to connect with display devices or APP that uses the same protocols
- 2.In any mode you can pair with BLE or ANT+ device.
- **3.** An upload page will appear, you can upload previous saved data on the BLE device.

#### Functions

→ : Tap 

shortly to go to next page

```
Clock
Time
Current Heart Rate Short press to start recording.
Steps
Calories
Upload (When BLE is paired)
Setting
```

## Recharge

- 1. Connect micro USB cable with the charging adapter.
- 2. Attach the charging adapter to the sensor, the cable should be on the opposite side of the button. Please make sure the pins are touching, if the pins are not connected please switch position and try again. Do not attach the charging adapter to the sensor by force, it may damage the sensor.
- 3. When the sensor is charging, the device will display "CHARGING"
- **4.** Charge the heart rate sensor for 2 hours, or untill the battery icon shows its full.

## Care and Maintenance Instruction

- 1. Keep the sensor away from high voltage locations. Please separate the strap and heart rate sensor if cleaning is need.
- 2. The strap should be rinsed under running water or washed in the washing machine within a laundry pouch.
- 3. Use dry and soft towel to clean the PPG area.
- **4.** When low battery please charge the device, it will result inaccurate measurement.

## Specification

Frequency	BLE 4.0
Working Hours	13 hours
Charging Time	2 hours
Device Weight	14.1 g
Sensor Dimension	34 mm x 40 mm

Wrist Band Dimension	265 mm x 25 mm
Waterproof	IPX6
Transmission Distance	15 ~ 20 m
Working Temperature	0 C to 50 C
Storage Temperature	-10 C to 60 C
Battery Type	Lithium Polymer Battery
Accuracy	Within +/- 3 accuracy compare with ECG chest belt

